

YWCA Discusses Building Program, Fall Schedule

To some the summer is a time to relax and rest—not so at the YWCA where a myriad of details for the building program and the setting up of the fall schedule must be taken care of before vacations.

In addition to the fall schedule of classes which has been arranged, three major events have been planned by this Red Feather agency.

Leadership training day for all volunteers of the Harbor area YWCA which includes Gardena, Torrance, Wilmington, and San Pedro, will be held at the headquarters building, 437 West Ninth street, San Pedro on Wednesday, September 26, from 10 a.m. to 2 p.m.

"Our Changing Community"
Dr. Elizabeth Frank, director of the Research department of the Welfare Planning Council, Los Angeles region, and Joe Maldonado, executive secretary of the Harbor Welfare Council, have been secured for a forum in "Our Changing Community." Mrs. E. C. Spires, president of the Harbor area board will explain the structure of the association and how it operates.

In the afternoon session the group will be divided into discussion groups to learn the duties of various committees as well as to exchange ideas. As the closing feature of the day, Mrs. Elsa Morris, executive director for the area, will point out the "Role of the YWCA in This Area." This day has been planned by the Area Volunteer Personnel Committee.

Making its debut at the Leadership Training day will be the new Handbook for Volunteers which has been edited by Mrs. F. Harold Essert and Mrs. J. Stanley Sweeney. This tool for volunteers is also a product of the summer season.

"Mrs. Earl Cranston, vice-president of the National Board of the YWCA will be the speaker on October 23, at the Annual National Gifts tea. The place will be announced later." Mrs. Louis Ladera, chairman of the committee, states.

"Members 'Nite'"
Something new will be initiated this year with "Members' Nite" the third Wednesday of each month. The first program will be on October 17 at 8 p.m. at headquarters.

"Hypnosis—Fact or Fad?" will be discussed and demonstrated by Martin Billians. Members' Nite is a part of the program of the San Pedro adult program committee with Mrs. Marion Young as chairman.

Adult Classes
The adult classes which are scheduled by this committee are: Charm, with Mrs. Nick Mosich as instructor, opening on September 24, 7:30 to 9:30 p.m. and Textile Painting, beginning October 1, with Mrs. Ruth Buzzini as instructor, 7:30-9:30 p.m. Hooked rugs and knitting will be offered as morning classes by Mrs. Leota Brucker and Mrs. Bert Swearingen, respectively, if enough requests are received.

Child observation will be offered again in cooperation with the San Pedro adult school on

Pancake Party to Be Held

The Gardens Valley Jewish Center will present its eighth annual Lotka (Potato Pancake) party on Saturday night, August 25, at the newly completed Center building, 14725 S. Gramercy pl., Gardena.

A wonderful evening of fun, food and dancing is scheduled. Bert Lowe and his orchestra will provide the music, professional entertainment will provide the fun and all the food you can eat will also be provided.

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Mental Health . . .

(Continued from Page 23)

They accept their responsibilities. They shape their environment whenever possible; they adjust to it whenever necessary. They plan ahead but do not fear the future. They welcome new experiences and new ideas. They make use of their natural capacities. They set realistic goals for themselves. They are able to think for themselves and make their own decisions. They put their best effort into what they do, and

get satisfaction out of doing it.

Despite these guide lines, which, basically, are as old as man himself, society has always had to cope with the problem of mental illness — often in a sorry and sordid way.

However, we are beginning to assume a more constructive, a more enlightened, and a more sympathetic attitude toward mental illness, Dr. Conrad indicated.

"While we will not be able to eliminate mental illness," he concluded, "our hope is to reduce its extent and its severity."

(EDITOR'S NOTE: The next three articles will deal with the following aspects: How the San Pedro State Mental Health Clinic Operates; Problems and Case Histories (names unique Experiment in Mental Health.)

DON'T FORGET PURDONS

See Pages 23 & 24

VON'S BACKYARD BAR-B-QUE



EVERYBODY LOVES A BARBEQUE! ESPECIALLY DAD AND THE TEENAGERS. TAKE THE EDGE OFF THOSE SHARP OUTDOOR APPETITES WITH FOODS SELECTED FROM THE TREMENDOUS VARIETY OF TEMPTING DELICHTS YOU'LL FIND AT YOUR NEARBY FRIENDLY VON'S MARKET!

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GROUND CHUCK 35¢ lb.
FRESHLY GROUND EXTRA LEAN, JUICY MAKES A DELICIOUS DELICIOUS HAMBURGER

FRESH BUNS 15¢ PEG. OF 8
HAYSUM BRAND FOR HAMBURGERS AND HOT DOGS! SLICED, BETTER GET PLENTY!

U.S. CHOICE STEER BEEF

CHUCK ROAST
MADE CUT ROAST 31¢ lb. CENTER CUT ROAST 35¢ lb. ROUND BONE ROAST 39¢ lb. BONELESS SHOULDER CLOD OR ROAST 59¢ lb.

FRESH EGGS
LARGE GRADE "A" SUNNY VALLEY DOZEN IN CARTON 45¢

KINGAN'S RELIABLE BACON 53¢
SUGAR CURED HICKORY SMOKED SLICED 1-LB. PEG.

BARBEQUE SPECIAL!
HEN TURKEYS
Von's "Table King" JUST THE RIGHT SIZE FOR YOUR BARBEQUE—10-12 LB. Eviscerated 47¢ lb.

SPARERIBS 39¢ lb.
FROM EASTERN CORN FED PORK. TENDER, MEATY, SMALL SIZE BEST FOR BARBEQUING!

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BELL BRAND POTATO CHIPS 3 1/4-OZ. PEG. 19¢ 8-OZ. PEG. 39¢

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